



PE SPORTS PREMIUM

Date reviewed: July 2025
Date of next review: July 2026



SIKH ACADEMIES TRUST
Faith Inspired Education

PE and Sport Premium – Evaluation and Proposals

Introduction

At Khalsa Primary School, we believe every child deserves the chance to live a healthy, active, and fulfilling life. Giving pupils positive and enjoyable experiences of sport and physical activity from a young age helps develop physical literacy and builds lifelong healthy habits. Regular physical activity supports not only children's physical development but also strengthens their mental wellbeing, boosting self-esteem, reducing anxiety and promoting emotional balance.

Active children are typically happier, more resilient, and form trusting, positive relationships with their peers, reflecting our values of **Kindness, Love, and Honesty**. By ensuring pupils engage in meaningful daily physical activity, we also support improved behaviour, greater focus, and stronger academic outcomes, aligning with our values of **Achievement, Aspiration, and Service** to oneself and the school community.

Evaluation of PE and Sport Premium in 2024 – 2025

The PE and Sport Premium Funding in 2024 – 2025 was £19,900.

The KPS Pupil Parliament reported that pupils wanted to learn to play more outdoor games at break and lunchtimes. As a result, the wellbeing play area and lunchtime sports active-play provision continued.

Activity	Cost	Evidence of impact
Super Star Sports provided active lunch time coaching sessions:	£8,550	All of Key stage 2 participated in active- play lunch time provision. Pupil questionnaires revealed that 94% of pupils enjoyed participating in sports activities at lunch time.
1 qualified sports coach provided coaching to pupils in Year 3, 4, 5 and 6.	£1,231	Teachers are also trained by sports coaches to ensure consistency when delivering specialist provision.
Subscription for online learning platform for staff members to National College.	£1000	Courses completed by staff and disseminated to other staff members who may require extra input.
Internal and External CPD	£2,000	High-quality CPD ensures that teachers can confidently and effectively deliver PE when the specialist teacher is unavailable. It improves their subject knowledge, strengthens their understanding of progression, and equips them with practical strategies for teaching skills, managing lessons, and keeping pupils active and safe. As a result, pupils continue to receive consistent, high-quality PE lessons, and the school maintains a strong physical activity offer regardless of staffing changes.

Slough Schools Sports and Physical Activity Subscription	£3,542	<p>Creating opportunities and encouraging all young people to access a variety of activities and take part in PE, sport and physical activity.</p> <p>Using PE and sport to improve and raise standards in all areas of the curriculum, including against Ofsted criteria.</p> <p>Developing high quality and appropriate competition structures in line with the National Competition Framework.</p> <p>Providing high quality training opportunities for teachers and school staff.</p> <p>Providing opportunities for young people to engage in sports leadership and volunteering in sport.</p> <p>Working with coaches to support the delivery of out of school hours clubs.</p>
Internal equipment and resources to promote PE, sport and physical activity across the school. Resources purchased for a range of sports and to host sports days/physical activity drop down days.	£3,051	<p>Children's fitness is improving. Children are timed to run a mile during PE sessions to check improvement. Pupil voice on sports days and physical activity.</p>
Get Set for PE Scheme	£526	<p>Get Set 4 PE has a strong impact on PE by providing clear, well-structured lessons that build teacher confidence and ensure consistent progression across the school. It increases pupil engagement, improves fundamental skills and fitness, and supports teachers with simple assessment tools to track progress. Overall, it helps create a positive, active culture that strengthens pupils' health, behaviour, and well-being.</p>
Total	£19,900	*Additional funding taken from KPS budget.

Year 6 Swimming Outcomes 2024 - 2025

All Year 5 and Year 6 KPS pupils participated in swimming lessons throughout 2024-25. Pupils had widely varied levels of prior swimming experience with many pupils swimming for their first-time during school swimming lessons. Pupils were divided into small groups based on their swimming ability and learned a variety of swimming techniques and strokes such as front crawl and backstroke. Pupils also learned and practised various water-based self-rescue skills to keep them safe when swimming in open water such as the sea or a lake. The Year 5 and Year 6 swimming programme was supervised by KPS teachers and taught by specialist swimming instructors at Slough Swimming Centre.

The programme of study for PE sets out the expectation that pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively (e.g. front crawl, backstroke, breaststroke)
- Perform safe self-rescue in different water-based situations

For the 2024-25 academic year, the Year 6 swimming outcomes are as follows:

Year 6 Swimming Results	%
% of pupils who are proficient and confident at swimming 25 metres	80%
% of pupils who are able to perform a range of swimming strokes effectively	75%
% of pupils who are able to perform a safe water-based self-rescue	75%

Proposals for PE and Sport Premium in 2025 – 2026

Activity	Cost	How will this be evidenced and the impact measured and monitored?
Super Star Sports provided active lunch time coaching sessions: 1 qualified sports coach provided coaching to pupils in Year 3, 4, 5 and 6.	£8,550	The impact of the Super Star Sports lunchtime coaching will be evidenced through attendance registers, behaviour logs, pupil voice surveys, and observation notes from staff monitoring the sessions. Photographs and short videos can also capture engagement and skill development. Progress will be measured by tracking improvements in pupils' participation, teamwork, behaviour during lunchtimes, and confidence in physical activity. SLT and the PE lead will monitor the sessions half-termly to ensure consistency, quality of delivery, and alignment with school values and PE curriculum aims.
Get Set 4 PE Membership for PE specialists. Sign up for a year's subscription for PE staff members.	£600	Monitoring and tracking of PE lessons taught by staff members. Planning leads to monitor impact of PE lesson plans used to teach. CPD tracking. Metrics from membership website/logins.
Internal equipment and resources to promote PE, sport and physical activity across the school. This includes wrestling mats for our bespoke wrestling curriculum.	£6,098	The impact of investing in internal equipment and resources, including mats for the wrestling curriculum, will be evidenced through lesson observations, pupil engagement levels, and increased participation in PE and physical activity across year groups. Equipment audits and usage logs will show how frequently and effectively resources are being used. Pupil voice and teacher feedback will highlight improvements in confidence, skill development, and lesson quality. Progress will be monitored termly by the PE lead and SLT to ensure equipment is supporting curriculum delivery, enhancing

		safety, and promoting a broader, more inclusive physical activity offer.
<p>Eco warriors to promote health and fitness by doing the following:</p> <ul style="list-style-type: none"> • Encouraging healthy eating habits by promoting fresh vegetables from the salad bar and educating their peers on the benefits of balanced diets. • Establishing and maintaining a vegetable garden at KPS, giving pupils hands-on experience with growing food and understanding where it comes from. • Promoting healthy lifestyles through assemblies and presentations, both within their phase groups and across the whole school. 	£300	Pupil voice of student leadership to evidence impact. Food garden progress to be documented.
<p>School based extra-curricular activities for PP, SEND, LAC and Vulnerable children. Clubs run by specialized sports coaches after school.</p>	£1000	<p>The impact of school-based extra-curricular clubs for PP, SEND, LAC and vulnerable pupils will be evidenced through club attendance registers, behaviour and wellbeing logs, and feedback from pupils, parents and staff. Pupil voice will capture increased confidence, enjoyment and motivation to be active. Progress will be monitored through tracking improvements in participation, social skills, teamwork and overall engagement in school life. The PE lead and SLT will review uptake and outcomes each half term to ensure the clubs are meeting the needs of targeted groups and reducing barriers to physical activity.</p>

Slough Schools Sports and Physical Activity Subscription	£3,542	The impact of the Slough Schools Sports and Physical Activity subscription will be evidenced through participation records for competitions, festivals and training events, alongside certificates, photos and pupil voice reflecting increased engagement and motivation. Monitoring will include reviewing competition outcomes, tracking the number of pupils involved (including PP, SEND and vulnerable groups), and assessing how CPD has strengthened curriculum delivery. The PE lead and SLT will evaluate the subscription termly to ensure it is enhancing opportunity, raising the profile of sport, and contributing to whole-school physical activity goals.
Total	£20,090	*Additional funding provided by KPS if needed.

Expected Grant: £20,090 (2025-26 PE and Sport Premium allocations to be published in Oct. 2025)

Swimming Targets 2025 - 2026

In 2025 – 2026, Year 5 pupils will participate in swimming lessons. Each pupil will be assessed on their ability to swim competently, confidently, and proficiently over a distance of at least 25 metres using a range of strokes effectively (e.g. front crawl, backstroke and breaststroke) as well as their ability to perform safe self-rescue in different water-based situations. Pupils will be taught and assessed using Swim England's Learn to Swim Framework by specialist swimming instructors at Slough Swimming Centre under the supervision of KPS teachers.